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Theme: **Passing**

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<p>FUNDAMENTAL – WARM UP</p>	<p>ORGANIZATION</p>	<p>KEY COACHING POINTS</p>
<p>MATCH RELATED ACTIVITY</p>	<p>- Pass and move in one half of field with partner and then progress to passing to an open player</p> <p>Progressions: 2 touch passing, one touch passing. Use gates in your grid, player pass ball to a partner through a gate. Group of 4's passing throughout the half.</p>	<p>- Plant foot next to ball pointed at target - Kicking leg is to strike the center of ball - Ankle locked, toe up, push ball to player and follow through</p>
<p>MATCH RELATED ACTIVITY</p>	<p>- Play 2v2 + 2 (Plus players play for attacking team) Play for a couple minutes then switch plus players. Also switch with other teams.</p> <p>Progressions: 5 complete passes equal a goal. Play two touch. 4v4 + 2.</p>	<p>- Is the passing technique correct? - Is there enough pace on the ball and is it accurate? - Are they playing to feet or into space (when appropriate) - There should be eye contact with the teammate before pass is made - Are players calling for support?</p>
<p>MATCH CONDITION GAME</p>	<p>- 5v5 or 6v6 with multiple gates on the field. Players score by completing a pass through a gate to another teammate. Make sure field is big enough for success to occur.</p> <p>Progressions: Limit player's touches.</p> <p>Play 4v4 or 6v6 to goals with keepers</p>	<p>- Correct technique - Vision, eye contact - Support, communication - Run dictates the pass</p> <p>- Has the session improved your players passing? - Make sure to go and praise those who are using the techniques you taught them during practice.</p>